

In the Specification

Please amend the Abstract to read as follows:

~~A training golf club that is used when practicing a golf swing or hitting golf balls on a practice range.~~ The training golf club is provided with a shaft that has two weights added into the shaft, thereby allowing the club to assist the golfer in producing a golf swing that is in a plane and has a fluid tempo to improve the golf swing effectiveness. A first weight is preferably added internally in the club shaft between the grip and the head end of the shaft, and a second weight is preferably added internally at the head end of the shaft where the shaft attaches to the club head.